

Healthy Together (School Nurse) Advice Clinics for Parents:

Healthy Together staff can offer advice about issues such as:

- ★ Toileting
- ★ Sleep
- ★ Behaviour
- ★ Diet and nutrition
- ★ Emotional wellbeing



If you need to talk to someone about your child's health, you can book an appointment with a member of the Healthy Together Team. There are four appointments available every half term and you can book an appointment at the school reception (these are not drop-in sessions).

Visit our websites:

www.healthforunder5s.co.uk, www.healthforkids.co.uk and
www.healthforteens.co.uk

You can also ring our advice line: 0300 3000 007 or text a public health nurse

★ Leicestershire and Rutland: 07520 615 382



(Service available Monday – Friday, 9am – 5pm. Messages responded to within 24 hours)